novelty here presented, which may at least awaken the inquiries of others, and we would bear in mind the quotation "that the increase of knowledge is not like that of other things, being often accompanied by a considerable diminution in bulk."

ART. VII.—*On the Inhalation of the Nitrous Oxide Gas when the Lungs are Diseased.* By E. HOLDEN, M. D., of Newark, N. J.

THE cases which form the basis of the following article will probably commend themselves as of some interest to any physician called often to answer the question, "Can I inhale gas at the dentist's with impunity?" The observations from which the cases are selected have been numerous, and the cases themselves are, in a measure, typical of classes.

The availability of this gas for slight and brief surgical operations—its speedy action and the equally speedy disappearance of all effects of anæsthesia, are making its use so common that all information regarding it must prove of value, and especially so in view of the awakened interest in the subject of inhalation of gases as curative agents. I may be pardoned for parenthetically stating that, while my own experience with nitrous oxide as a therapeutic agent in phthisical cases has been anything but favourable, and I have seen hæmoptysis immediately follow a carefully conducted inhalation of oxygen, yet I by no means felt assured that their inhalation *per se* was especially injurious at the commencement of the present investigation. Nitrous oxide in its purest state produces rapid venosity of circulation; the great founder of the German medico-anatomical school, Rokitansky, asserts that a condition of venosity is inimical to tubercle (p. 241, vol. ii.); theoretically, therefore, the gas should be beneficial in tuberculosis. Oxygen produces, of course, the opposite condition.

Tuberculosis, according to not a few brilliant labourers of the present day, is but a commencing death of organism—an excessive retrograde metamorphosis of tissue-destruction without adequate repair, and which the oxygen of mountain air and of unrestrained out-door life is credited with power to arrest; theoretically, therefore, oxygen should be beneficial by inhalation. M. Demarquay has recently experimented in this direction, and paradoxical as the ideas in the cases as stated may be, they are easily reconcilable by the belief that *neither* of the gases as used has been, or is likely to be, curative. The general effect, however, of the agent under consideration, when persistently and frequently inhaled as a therapeutical means, has little to do with the answer to the question already quoted, and which can be more pertinently rendered, "Can I, having diseased lungs (and especially if subject to hæmoptysis), inhale nitrous oxide gas at the dentist's with safety?"

Most of the cases from which the following have been selected have been observed at the dental rooms of Dr. J. B. Da Camara, in this city (Newark, N. J.), whose extensive experience with the gas is probably second to none in this country. The gas was made in the ordinary way by heating nitrate of ammonia in a retort, maintaining a temperature of 400° to 500°, and thoroughly washing through successive jars of water. The ammonia was selected with especial care, in order to avoid accidental contamination with hydrochloric acid, the presence of which invariably results in an admixture of free chlorine with the peroxide, and consequently in an irritant effect upon the lungs. It is well to observe that frequently persons presented themselves who had at other places tried inhalation in vain, violent headaches, convulsions, suffocating sensations, &c., had invariably necessitated abandonment of the effort; yet they succumbed with greatest ease when the pure gas was administered. This point is the more important, since none of the effects noted in the subjoined cases can be attributed to impurity of gas.

From the washing-jars the gas was conducted to large metallic retorts, holding from 400 to 500 gallons, and made fresh every day, since it is a singular fact that age seems to impair its anæsthetic power, and gives rise to symptoms never observed when the gas is used in freshness and purity. This impairment is far more marked when rubber bags are used as holders, and seems to admit of explanation in such cases; but in metallic receivers suspended in water already saturated with all the gas possible to be absorbed (three-fourths of its bulk), without escape and without diminution of volume, reason for loss of anæsthetic power is not so apparent.

The inhalation was performed with total exclusion of atmospheric air through a mouthpiece of silver which fitted accurately about the cheeks and lips, expiration being performed through a valve in the same piece. The patient was always in the sitting posture, to facilitate easy and frequent auscultation and percussion.

The two following cases may be interesting as illustrative of the general effects of inhalation upon a healthy person.

CASE I.—A girl, æt. 12 years; ruddy complexion; about average size; lungs, heart, and indeed all organs, in sound condition; no nervousness or apprehension; pulse 65, after steady inhalation for one minute; pulse accelerated without increased number of respirations; rapid discoloration of lips, then of extremities; no distension of superficial veins; marked lividity of whole face; eyes remaining open (not a universal rule, but rather unusual) disclosed slow dilatation of pupil; eyeballs visibly receding as after death, and the countenance corpse-like; anæsthesia complete before expiration of second minute, and preceded by slight struggling as if to prevent suffocation; pulse 80, soft and regular; inhalation discontinued;

duration of anæsthesia fifteen seconds; time from instant of complete anæsthesia to complete and perfect recovery, between one and two minutes.

Lungs in this case not examined during anæsthesia; as a result, however, of many examinations of others, the following statement may be considered illustrative :—

The first change, and one that usually occurs after the third or fourth full inhalation, is a marked softening of bronchial air sounds, and intensification of the vesicular, followed by speedy intensification of the former and obliteration of the latter. Then follows the sub-crepitant rhonchus indicative of mucus in the finer bronchial tubes, then rapidly the sounds of air-bubbles in the larger tubes, prolonged respiration, and vocal resonance.

In several cases suffering from the commonly-styled "stuffed" feeling that often ushers in a subacute attack of bronchitis, and in which a marked sibilant character was observed in the passage of air through the finer bronchi prior to inhalation, a remarkable cessation of such sound was observed after a few inhalations, whether correctly or not, and was attributed to sudden relaxation of bronchial spasm. This peculiarity will be again referred to in connection with Supplementary Case II.

The second of the cases designated illustrative is more rare, because anæsthesia is peculiarly rapid, and unaccompanied by lividity or other noticeable symptom.

Case II.—Male, æt. 27, unmarried; temperament sanguine; complexion fair; health good, and believed sound in all respects, but mother died of consumption, and party had suffered from (strumous) necrosis of femur, and might, perhaps, be said to be more than usually susceptible to influences of temperature.

Examination prior to inhalation revealed weakness of vesicular quality, want of proper breeziness and tone to general respiration, a condition suggestive also of imperfect resilient power of lungs, but no disease ; pulse 72.

One inhalation produced incoherence of speech, and four anæsthesia. Examination during inhalation gave results similar to those stated as common to sound lungs, but no lividity of extremities or lips existed ; vesicular quality of respiration absent during the whole period of anæsthesia, however, and gums and inside of cheeks of clearly venous hue ; pulse 80 to 95, and variable. Anæsthesia prolonged two minutes ; recovery complete in two minutes, and normal condition of lungs restored within that time.

The following notes also, taken at intervals during the five months occupied in the investigation, may be of interest :—

a. Nitrous oxide inhaled in the manner indicated produces no tendency to laughter, admixture with atmospheric air being essential to the development of this well-known characteristic.

b. There is usually considerable struggling at the approach of anæsthesia, occasionally suggestive of desire to escape suffocation, but which is probably owing to an automatic impulse occasioned by the thought of possibility of suffocation already existing in the mind of the patient, since the subject last in the mind becomes the foundation of any dream that may occur; for example, the bubbling of water produces in the semi-unconsciousness just preceding and following anæsthesia a dream of music; the steady tick of a clock, the roar of the surf on the beach whispers of pleasure or pain, the scenes or instruments that usually give rise to these emotions. It is probable, also, that in this way we may explain the evident erotic tendencies that are so frequently developed, the most chaste and virtuous being liable to gestures and movements which, if not so evidently automatic, would be considered most lascivious. (See Supplementary Case I.)

This tendency is, without doubt, the result of the thought of possible violation; for the subject of it is almost universally a female, and there are few who sit down in a dentist's chair who have not heard or read of the stories regarding such attempts upon females while in a state of unconsciousness, and almost always where this erotic excitement is developed there are none but males present, the patient partly reclines with feet somewhat elevated, and a fear, perhaps only momentary, that there is danger, would be a most natural one.

c. There is almost always intensification of the senses, especially of sight and hearing, just prior to unconsciousness, and in spite of the seeming contradiction in the statement this intensification may possibly continue in many cases throughout (the faculties of memory and coördination being in abeyance), for however oblivious upon recovery a person may be of having suffered pain, yet the contortions of countenance and occasional screaming show that feeling is not destroyed; of course it is not asserted that anæsthesia cannot be made so complete as to utterly destroy feeling, but usually this is not the case, although to all intents and purposes unconsciousness is perfect, and no memory of pain exists upon recovery. I am indebted to the dentist, at whose office many of these experiments were made, for a suggestion which is probably a correct one in reference to the anæsthesia produced, which is that there is simply a lightning-like flow of ideas with impairment and in many cases obliteration of memory, for a person *may stand erect* and gradually inhale sufficient gas to produce complete oblivion, and experience all the minute shades of thought and feeling that belong to every-day life, and this through an apparent series of days and weeks and even years, live, travel, be ill and recover, enjoy, suffer, and in fact undergo a distinct existence, and yet recover consciousness in time to prevent falling. If in this ecstasy a tooth be drawn, or other surgical operation be performed, the painful sensation is intruded upon with such lightning-like rapidity, and is so speedily merged into the tissue of the dream, as to be overwhelmed and forgotten.

d. Vision is, as I have said, frequently intensified, and perhaps invariably so long as a state of semi-consciousness is maintained; the minute twigs on somewhat distant trees, the fine letters upon street signs, faces out of recognizing distance, &c., are brought within range often to an astonishing degree. Hearing is also intensified, although greater care is necessary to maintain only a certain amount of æsthesia, for the line is easily crossed, and dulness of hearing is the consequence.

e. There is occasional (not invariable) dilatation of pupil.

f. There always exists an increased tendency to bleed, whatever be the condition or temperament of the patient, and whatever be the part of the body cut or abraded. The case of the young girl cited first, as illustrative, was the subject of severe hemorrhage from the gums during the operation of extracting teeth, and at intervals, for three weeks following (on two occasions to syncope).

g. Three patients, the subjects of epilepsy, hysteria, and epileptiform hysteria respectively, came under observation, in regard to which the following extracts are made from notes:—

The first, a girl of 19, who had been subject to convulsions since childhood, exhibited no tendency to convulsion during, or subsequent to, anæsthesia, although she had suffered from attacks as often as ten or twelve times a week for several weeks prior to inhalation.

The second, an octoroon aged 21, had been the victim of as frequent attacks of epileptiform hysteria; she had two convulsions in quick succession upon the approach of unconsciousness, and several immediately after (no dilatation of pupil, and no lividity).

The third, typical of a very large class of patients, exhibited violent hysteria immediately upon regaining, or rather approaching, consciousness, and for several hours suffered recurrence of attack.

h. While an antipathy that may be termed idiosyncratic may actually exist to the inhalation of the gas, inability to produce anæsthesia almost invariably arises from impurity of the anæsthetic, or from its staleness, and a large majority of all the headaches and subsequent bad feelings that are sometimes complained of, undoubtedly arise from the same cause. Case IV. is, however, an exception to this rule.

CASE I.—Male, æt. 35, 5 feet 10 inches high, 140 pounds weight, florid complexion, healthy appearance, had occasionally raised blood last winter and ten years ago, at each of these periods, covering a space of six weeks; had also had two attacks of unconsciousness attributed to sunstroke; has often inhaled the gas.

Examination of lungs prior to inhalation showed disease of one apex probably tubercular, incipient, and quiescent. Five full inspirations produced marked lividity of lips and speedy anæsthesia, with twitchings of muscles, and symptoms of threatened convulsions. Examination during unconsciousness showed in vicinity of disease first, rapid extension of area of dulness, accompanied by increased resonance of bronchial air sounds, intensification of vocal resonance (the occasional moans of patient being transmitted with singular acuteness), then fine crepitation in vicinity of disease gradually appearing also in healthy portions of both lungs and becoming a marked coarse rhonchus at apices with total disappearance of vesicular murmurs.

Upon withdrawal of the anæsthetic, recovery was remarkably rapid (30 seconds).

Examination immediately after return to consciousness gave a generally intensified respiratory murmur with diminished vesicular quality, and rales more or less pronounced, bronchial murmur tubular, two points in one lung near the base an occasional twang as of a snapped guitar string, restoration of normal quality and condition too rapid to permit proper percussion (45 seconds), restoration of natural colour to lips and face equally rapid.

Examination twenty-four hours after inhalation showed normal condition restored in healthy portions, and no marked change at point of disease.

Patient states that having had occasion to inhale frequently both in this and a former winter, he had been subsequently troubled with raising of blood and irritative morning cough, which discontinued upon renouncing the practice.

CASE II.—Male, æt. 54; mastication of food impaired by loss of teeth, and therefore dyspeptic; has a cold, states that lungs were always weak; never raised blood, has the appearance of moderate health. Examination prior to inhalation: Right lung sound, left gave pronounced bronchial breathing at apex; expiratory murmur jerking and wavy; vocal resonance behind scapula over a space of two square inches, no signs of softening or vomicæ; pulse 90.

Under inhalation, nervous struggling somewhat during second half minute; lips and nails livid; becoming partly unconscious, tore away the inhaler; after two minutes again inhaled; unconscious in one and a half minutes; recovery commenced almost immediately upon withdrawing gas; laughter and crying; volubility with connected and intelligible speech two to three minutes, during which, examination was again made; pulse 100.

Examination during unconsciousness gave duplication of sounds stated under Case I.

Examination after discontinuing inhalation gave bronchial breathing well marked and inclined to tubular, over whole of upper portion of both lungs; vesicular character of inspiratory act replaced by sibilant murmur; crepitation in vicinity of solidified tissue; gradual return to normal character; party expresses a sense of great relief in breathing, and feels generally better than before inhalation.

CASE III.—Young lady æt. 24, states that she has weak lungs; never raised blood; takes cold easily; is subject to pain in left shoulder; complexion good; appearance that of average health.

Examination before inhalation: right lung sound; left, under scapula, shows vocal resonance, pronounced bronchial breathing, prolonged expiratory murmur, and in short the evidences of consolidation of tissue without softening or local inflammatory action.

Under inhalation pulse ran down rapidly, becoming weaker, till almost imperceptible; much gas required; lividity not marked; nervous twitching and convulsive struggling considerable.

Examination after anæsthesia (two minutes) confined to spot above referred to: Breathing amphoric; fine crepitation in vicinity of consolidation (vesicular murmur elsewhere clear and distinct); no increase or change in sensitiveness of part; sounds strongly suggestive of the accession of diseased action upon a latent phthisis, such as is usually ascribed by the patient to a new cold.

CASE IV.—Female, æt. 35; has had occasional attacks of dyspnœa upon exertion, referred by her physician to disease of heart; has tried before to inhale nitrous oxide without success.

Examination prior to inhalation showed signs of incipient phthisis in both lungs at apices; heart sounds suggestive of dilatation (weak action and heightened systolic pitch); apex beat, however, distinct; no undulatory impulse, no prolonged post-systolic silence.

Inhalation of more than a few breaths of gas impossible, although pulse remained unchanged, and no signs occurred of systemic obstruction; upon removing the tube patient gasped convulsively for about a minute.

Examination during inhalation gave simple respiratory murmurs, puerile in character, with no other change; heart sounds more forcible with less quickness, exaggerated but not sharpened, giving to the ear a sensation of fulness or roundness.

Inability to inspire seemed to arise from loss of control over respiratory muscles, the pulse not accelerated nor heart's action laboured.

The same phenomena occurred at two previous inhalations.

CASE V.—Female, married, æt. 36, delicate in appearance, had taken gas before with no ill effect; knows one lung to be weak; no preliminary examination.

Examination during inhalation and while recovering consciousness: Right lung presented sounds common to well lung under anæsthesia (*i. e.*, exaggeration of respiratory murmurs, the tubular character of bronchial air column predominant); left lung gave all the sounds of cavity with progressive softening and singularly modified metallic tinkle; as patient was recovering consciousness she moaned, and vocal resonance was found well marked; great dulness on percussion, and apparent consolidation over large portions of upper lobe of left lung.

These sounds gradually changed, and in two minutes it was evident that no cavity existed, but that a small space of lung tissue was impervious to air and had been or was the seat of disease.

For several minutes the evidence of vascular congestion of the vesicular capillaries was well marked, and for five minutes after commencing to recover fine crepitation in the vicinity of consolidation showed an increased secretion of mucus.

Lividity of lips and finger-nails not well marked, and pulse fluctuated, probably from involuntary struggling. This patient had at times been troubled with severe cough and expectoration; never raised blood, but was subject to paroxysms of coughing upon rising in the morning.

Immediately after recovery and examination inhaled again to anæsthesia; auscultation and percussion gave same result as stated.

CASE VI.—Female, æt. 40, plump, well nourished, ruddy complexion, healthy looking, married. To my surprise found prolonged expiratory murmur under left scapula, vocal resonance and dulness at posterior apex and above scapula. Patient said "that lung is weak and sometimes have had pain in it." Liable to colds and cough; never raised blood, but once had a long cough with free expectoration; under clavicle on left side found prolonged expiration and general puerility of character of respiratory murmur.

Patient inhaled quietly and rapidly; lost consciousness without struggling; lividity slight and anæsthesia brief, but at the instant of unconsciousness my ear, being under left scapula near its superior portion, heard distinct metallic tinkle; a snapping at short intervals as of a wet guitar string; and rhonchus speedily followed by moist crepitation and pectoriloquy.

Examination after recovery (several times within five minutes): Crepitation coarser but still well marked; transmission of voice sounds probably from stagnating circulation through vesicular capillaries and occlusion of air cells, but suggestive of dilatation of bronchi and pressure of air vesicles toward the thoracic walls, slowly disappearing, however.

No bad effects experienced beyond an attack of hysterical crying.

CASE VII.—Lady, æt. 33, frail looking, with hectic flush on each cheek; has had short hard cough for several months on rising in the morning; occasional pain through the right shoulder and heavy feeling on the chest in front; had also hæmoptysis somewhat profuse one year ago, was then in apparent health; has since had uterine troubles; emaciation not marked; is better now than for months; had once tried to inhale nitrous oxide from a rubber bag, and under unfavourable circumstances, "was almost suffocated, not put to sleep;" has recently been examined by a physician of some prominence in town, and pronounced (party says) sound.

Examination before inhalation: Vocal resonance and dulness behind left scapula with prolonged expiratory murmur; the right lung, the supposed seat of former hemorrhage (since a burning sensation in that lung had resulted), considerably diseased; unable to decide without more critical examination whether there was cavity, but suspected it from hoarseness of bronchial note and voice sounds; pulse rapid and quick (95); under careful administration of gas the pulse rapidly assumed an hemorrhagic feeling; patient gasped and paled to an alarming degree; ear at lung detected sounds detailed in previous cases in lower left lobe, the upper giving simply exaggerated voice and breath sounds; the right lung at point of chief disease (apex) gave coarse crepitation and rhonchus, then scarcely any respiratory sound whatever. This fact, in connection with pulse and aspect of patient, decided us to abstain from giving more gas. Anæsthesia incomplete. Patient upon recovery was exceedingly alarmed, faint and gasping, clutching at the right and left breast alternately, and presenting all the impression of a person labouring under hæmoptysis. No blood however came, and in about five minutes patient recovered completely and the lungs assumed the condition noted in the preliminary examination; no headache or bad feeling resulted.

CASE VIII.—Male, æt. 37, has been a soldier, lost one leg and endured considerable hardship; raised blood about once a year for several years; has had for a long time a slight cough, and eight years ago was told by a consultation of physicians that one lung was almost gone and the other full of cavities, but since then has made up his mind to live, and has been steadily improving.

Found on preliminary examination that the lungs were in tolerable condition, one sound, the other diseased at the apex (left) with apparently a small cavity, but without the sounds of active disease.

During inhalation *no marked change occurred*, yet party was fully under the influence of the anæsthetic; face and lips livid; stertorous breathing as if from chloroform; eyes open, and a strong tendency to clonic spasm. (This stertor was noticed in none of the preceding cases.) Party upon rousing up was wild and incoherent for about a minute.

Critical examination during return to consciousness enabled me to detect no change beyond a very slight exaggeration of respiratory murmur, and this not confined to the point of former disease.

Examination after recovery showed still no change; party felt well and exhibited no effects whatever of his recent anæsthesia.

CASE IX.—Female, æt. 30, medium appearance as regards health; states that she has weak lungs and knows one lung to be seriously diseased or at least has been told so by physicians.

Never raised blood, but has long had a short cough and aching pains about the shoulder-blades; has no strength, &c. Upon examination prior to inhalation found at posterior portion of middle lobe of right lung a circumscribed spot of perceptible dulness with roughness of murmur and evident deficiency of resilient power in pulmonary tissue; some vocal resonance also and impairment of vesicular character. Examination during inhalation over point of morbid sound showed roughness and vocal resonance exaggerated, and heart sounds clearly transmitted; after a few minutes coarse crepitation and sounds like the stretching of rubber bands; much gasping, lividity, struggling, and stertor with complete loss of consciousness. (Had tried gas before in St. Louis, and dentist had been obliged to desist.)

Upon recovering was unconscious of having struggled, and in a few minutes felt perfectly well with no headache or other ill feeling. After ten minutes the condition noted in preliminary examination was restored.

CASE X.—Female, married, æt. 36, delicate in appearance, and thinks both lungs diseased; has had cough over a year, and hectic fever within six months, but of short duration. Has been gaining flesh and strength under cod-liver oil and wine; able to be constantly about; never raised blood.

Examination before inhalation: Disease of one lung at apex and of considerable extent with small cavity; no circumscribing dulness or consolidation in vicinity of the cavity; no evidence in short of progressive deposit or new breaking up of tissue.

Inhalation gave sense of great relief and lightness in the chest.

Examination during inhalation: Rapid enlargement of area of dulness; coarse crepitant râles and speedy disappearance of vesicular murmur throughout diseased lung.

Sound lung affected in a peculiar manner; apex, which had before appeared healthy, presented all the evidences of incipient phthisis, the remaining portion of the lung being affected in the manner indicated as common to healthy lungs.

After return of consciousness the sound[1] lung speedily cleared itself of morbid sounds; the other much more slowly.

The above cases given in detail would be left without comment but for the fact that as they are copied almost verbatim from notes made at the time of observation their important features are not made prominent. The observations of which the cases are designed to be illustrative indicate to my mind, although they by no means prove the following facts, and from them it is easy to deduce an answer to the question proposed to be answered at the beginning of this article.

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[1] During the ensuing four weeks this case was repeatedly examined; several inhalations were indulged in for the pleasurable relief obtained, the demand growing more urgent and at shorter intervals; pulse, always somewhat accelerated, gradually maintained a persistent celerity that demanded a discontinuance of the practice. Contrary to advice, she continued (secretly) inhalations elsewhere under assurance of an empiric that she would thereby become permanently cured. After two weeks of rapid failing was found having hectic fever and exhibiting advancing disease in both lungs; pulse constantly above 100, and emaciation very rapid.

1st. Inhalation of nitrous oxide is in *some degree* likely to prove injurious in cases of phthisis.

2d. That inasmuch as pulmonary congestion is almost a necessity to anæsthesia by this agent, and is concomitant with a well-marked tendency to increase of hemorrhage from any cut or abraded surface, its inhalation is somewhat hazardous in cases where hæmoptysis has occurred or where there exists an hemorrhagic diathesis.[1]

3d. That the sense of relief frequently experienced by those having diseased lungs is alluring simply and does not indicate benefit, and believing it to be due to an annulling of the hyperæsthesia of the bronchial nerves, the inference follows that the agent may prove curative or at least palliative in asthma and in affections accompanied by bronchial spasm.

Supplementary Case II. is referred to as an example of its effect.

The two cases following are appended as of interest.

SUPPLEMENTARY CASES.—I. Female, æt. 62, feeble, supposed to have heart disease, complexion pallid, pulse irregular, subject to "faint spells;" preliminary examination showed no evidence of disease of heart; irregularity of pulse, probably due to nervous excitement.

Respiratory murmurs markedly puerile.

Under anæsthesia pulse became regular, then gradually imperceptible; face livid and peculiarly corpse-like; puerile character of respiration gradually gave place to soft vesicular murmur and normal condition found in sound adult lungs; evident erotic excitement with motions as of sexual intercourse just prior to and following complete anæsthesia.

II. Boy, æt. 12, with the contracted chest, distended superficial veins, and peculiar look of an asthmatic.

Preliminary examination showed quite extensive emphysema of right lung with bronchitis of both, of chronic character and eccentric hypertrophy of the heart (right ventricle dilated); apex beat two and one-half inches from proper place toward median line; area of dulness hard to define owing to contiguous dulness of lower left thorax, but estimated at three and one-fourth in transverse and four and three-fourths in vertico-oblique diameter, or about the size of the heart of an adult; pulse irregular; wheezing and trachéal rattle particularly well marked; has frequently raised mucus streaked with blood; had attacks of asthma since the age of five years. Examination during inhalation, which was not pushed to anæsthesia, showed gradual freedom of respiration, and was accompanied by a sense of great relief. After two minutes the air penetrated freely without wheeze or rattle to every part of both lungs; a portion of left lung where vocal resonance had been noticed before inhalation assumed healthy sounds and resonance disappeared.

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[1] I have been credibly informed of cases where hæmoptysis has occurred in the dentist's chair, and have known of others following the inhalation of the gas.

Examination ten minutes after recovery showed still comparatively healthy sounds throughout the lungs.

The night following this exhibition of the gas the patient had *no attack* of dyspnœa ; no wheeze or rattle, and felt great relief in breathing, the first time in several weeks; he was moreover able to lie down in bed, for the first time in an equally long period. The next day examination prior to inhalation showed greater area of true vesicular murmur, and certainly what appeared marked improvement in general respiratory condition.

Examination during inhalation showed a gradual clearing out as it were of air tubes with marked vesicular improvement, passing gradually into a condition similar to what has been described, viz., of evident congestion and occlusion of air cells ; well pronounced bronchial breathing, and at apex of left lung clearly transmitted heart sounds. After inhalation, which had been continued twelve minutes, patient spoke of the same sense of relief even while there remained still considerable occlusion of air cells.

The transmission of heart sounds, which singularly had occurred at seat of greatest emphysema, gradually ceased. Pulse and heart's action assumed a steady regularity during inhalation and became again irregular upon recovery.[1]

Daily inhalations of about fifteen minutes were indulged in, but in no instance to complete anæsthesia, and from the date of the third inhalation no attack recurred for a month, and patient, who meanwhile had been using no other medication, was instructed to return home, and upon the first suspicion of threatened dyspnœa to resort to nitrous oxide; accordingly, February 18, he presented himself, saying he had felt "wheezy, and found his breath somewhat shortened."

Daily inhalations as before, but for four days only ; removed every vestige of trouble, and an examination of the heart gave the following remarkable result: area of dulness diminished laterally one-half inch ; longitudinally three-fourths of an inch ; apex beat one and one-fourth inches from its normal place.

Several weeks of immunity from all unpleasant symptoms have elapsed at the date of writing, and while one case proves nothing, however corroborative it may seem of a preconceived theory, the suggestion afforded by the remarkable relief obtained may be of service to some sufferer similarly situated.

ART. VIII.—*On the Proper Use of the Obstetric Forceps.* By ELLERSLIE WALLACE, M. D., Professor of Obstetrics and of the Diseases of Women and Children in Jefferson Medical College, Philadelphia.

SEVERAL practitioners from the western section of our country, who attended my lectures during the past session, stated to me what I had often

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[1] This feature, already before noted, occurred in many instances, and is suggestive of possible benefit to be derived also by sufferers from cardiac neurosis.